#### Service Rota in the 6 Parishes –APRIL 2024

	Badger	Beckbury	Ryton	Kemberton	Stockton	Sutton Maddock
April 7th				11.00am Communio n		
14th		9.30am Jason Clsrke				11.00am Communio n Rev'd
21st			9.30am Communion			
28th		9.30am Communion Rev'd Matt Lefroy				

Thank you to everyone concerned for **cleaning** and **decorating** the church for **EASTER** and **keeping** the church yard a pleasant place to visit too....."many hands make light work"

## ST.MARY'S SUTTON MADDOCK CHURCH LOTTERY

Congratualations

1st Prize of £30 - No 52, 2nd Prize of £20- No 55

Contacts: Angela Chatham 01952581857 or Chris Walker

01952730666

Please Contact Chris Walker Phone:- 01952730666 or 07980790556 Post:- The Haven, Sutton Maddock, Nr. Shifnal, Shropshire TF11 9NG

# **Sutton Maddock Parish Council,**

Parish Clerk – Vanessa Voysey Email- <a href="mailto:clerk4smpc@outlook.com">clerk4smpc@outlook.com</a>

\*\*\*\*\*\*FOR OUT OF HOURS MEDICAL CARE – DIAL 111\*\*\*\*\*

The new Shifnal Doctors Surgery is now OPEN

Haughton Road, Shifnal, TF11 8DD

# Newsletter email: angiechatham@hotmail.com

Tel:- 01952581857 Mob 07771707912

#### SUTTON MADDOCK GOOD NEWSLETTER

SIX PARISHES

Badger, Beckbury, Kemberton, Ryton, Stockton, SuttonMaddock

## DIARY DATES for APRIL 2024 OUT & ABOUT

BECKBURY COMMUNITY SHOP	Mon – Fri 9.30am – 3.30pm					
	Sat & Sun 9.30am - 12noon					
CHATHAM'S ORGANIC DAIRY	Everyday 6.30am- 8.00pm					
sayYES Youth Club (10-18yr	olds) on Tuesday 6.00pm - 7.30pm					
Term time only but check week by week						

## **April**

Thur 4th 7.30pm Kemberton WI, Kemberton Village Hall

Mon 8th & 22nd 10am-4pm BRIDGNORTH PATCH & QUILT GROUP Norton Village Hall

Sun 14<sup>th</sup> 11.00am Communion Service Sutton Maddock Church Thur 18<sup>th</sup> 3.00pm **Forget- me- not Group** St Andrew's Shifnal

## May

Wed 22<sup>nd</sup> 7.00pm St. Mary's Sutton Maddock Church Annual meetings

# "Being lonely is not acceptable and can be resolved"

Do you know of a neighbour, family member or friend who is lonely and over 55years old?

Point them in our direction

CALL: 07935202556 or EMAIL: Rachel.powell@mha.org.uk

Leave name, address and contact details and Rachel or a volunteer will get back to you.

We offer a range of services to enable people to live later life well in Shifnal Albrighton and District

MHA Communities Shifnal and District - Live later life well

#### **CHURCH NEWS**

......Thank you to everyone who contributed to Mothering Sunday on Saturday. All your lovely gifts were taken to Telford in Crisis. ......Lent Lunches "Thank you This year's "Christians Together in Shifnal and District" lent lunches held at the Trinity Centre raised £400.54 for Christian Aid. Over the four weeks the events were supported by 87 people. I would like to thank everybody for their support, be it leading services to preparing and serving the amazing soups and just for taking part..... David Senior ....and........

......."With your help, last year we directly helped 2.9 million women, men, and children live a full life, free from poverty.

For example, through Alliance for Public Health (APH), a Ukrainian charity, we reached thousands of people with emergency aid, conflict evacuation services, and community-building initiatives. One local woman, Lyudmyla, used a small grant to set up a playroom in a local school for families being rehoused from the war's front line. She told us:

"I'm sincerely grateful for the chance to make the future happier for the little children and parents who came here because of the war ... in this room, they can make new friends, and integrate into their new community."

We are very thankful for your gift, which supports communities like Lydumyla's with funding for equipment, guidance and training. With your continued help, we can and will make a difference."

Yours sincerely

Kate Mulkern - Church Engagement Lead - Christian Aid

## CONDOLENCES

Our condolences to the family of Keith Roberts whose funeral was on Friday 8<sup>th</sup> March at Bushbury Crematorium ......And condolences to the family of Jan Nicholls, wife of the late Robin Nicholls, who passed away on 25<sup>th</sup> March. She had been living in Spain with her daughter Helen since 2021.

#### **BRIDGNORTH FOOD BANK**

Address: 7 West Castle St, Bridgnorth WV16 4AB Hours: Opens 10:30AM Mon

Phone: 07960 285520 PLEASE CHECK OPENING TIMES

### **DAWLEY CHRISTIAN CENTRE FOOD BANK**

Address: High Street, TF42EX

Phone: 01952505108

### SHIFNAL HELP FOOD BANK

**Drop off points** at

Bradford Street Co-Op, Wood,s Dry Cleaners, St. Andrew,s Church

Contact - 0756238496

TELFORD IN CRISIS Contact - 01952586646

## FORGET-ME-NOT GROUP

for people affected by memory loss or dementia

we usually meet on the 3<sup>rd</sup> Thursday each month at 3pm Sarah Thorpe 0798 224 8949 sarah.thorpe121@gmail.com

# BRIDGNORTH PATCH & QUILT GROUP

1st and 3rd Monday each month 10.00am - 4.00pm Norton Village Hall

Contact: Shiona Ferriday 07971230922

## **KEMBERTON WI**

Our next meeting Thursday 4<sup>th</sup> April **7.30pm 2024** In Kemberton Village Hall

## The guest speaker will be

Beryl Feely who will be giving a talk on Diamond Pilates. For those who would like to participate in the floor exercises please bring along either an exercise mat or a blanket to lie on and also a towel which can be folded for use as a pillow.

Options will be given to those who prefer to remain seated.

We look forward to seeing you then, new members are always welcome

WI Committee - President: Ishbel McConnachie (01952) 462366

## ST MARY'S SUTTON MADDOCK CHURCH

**NB:- CONTACTs** for all inquiries during the Interregnum – while we are without a Vicar - to the **CHURCH WARDENS** 

Allan Chatham01952 581857 email: arc100@hotmail.co.ukJohn Webb07770 754545 email: webb.john@me.com



How to become a £riend of sayYES Chris Walker the Treasurer will be pleased to hear from

Tel:- 01952730666 /07980790556

Shifnal & Albrighton Christian Youth Project Limited Sort code: 30-10- 12 Account No. 00732863

## Helio incic,

I am the Six Parishes Dementia Friendly co-ordinator.

It is 10 years come this May that I will have lost my mother-in-law Dorothy to dementia, and can remember to this day when I realised she had memory loss, it was at my son and daughter-in-law's wedding, her attitude was all me,me,me and couldn't take in the bigger picture. I felt bad knowing I couldn't do anything for her.

Also now my late wife Fiona's brother William who has Down's is now with dementia and as a family it is very tough for us all.

So on **Saturday May 25th** I will be walking in the North York Moors from Whitby to Robin Hoods Bay and back in aid of **the Alzheimer's Society** covering **13 miles.** 

I hope you can bring yourself to sponsor me, my just giving page is as follows:-

https://www.justgiving.com/fundraising/trek26northyorkmoors202413miles-johnwebb

#### **UNDERSTANDING DEMENTIA**

On caring

Don't be fooled into thinking that a diagnosis of dementia is just for one person. Yes, the disease might be inside our brains, but the diagnosis will not change one life: it will change all of those around us.

The process of being diagnosed can be a lonely one. I attended each appointment on my own, even when the word dementia had been lurking on too much paperwork to avoid any longer. But something cut through the shock of my final diagnosis to give me the foresight to ask the consultant if she would speak with my daughters directly. I left my girls to file into her office alone, looking as small as if they were still infants, knowing they would have questions for her that I couldn't answer, or ones that they were perhaps too mindful to ask in front of me. At that moment-just like anyone who is newly diagnosed we didn't even know the right questions to ask, yet here was someone who potentially had the answers to the mystery that awaited us. It was at least a start, a chance to give my daughters the time and space to ask the things they needed to know. I was aware that this was their diagnosis as much as mine, that this disease would change their lives too. The diagnosis process currently is far too clinical. The people who look inside our brains, and find connections are loose or missing altogether, dismiss us once they've found the root cause is a progressive disease. There is no follow-up, no coping strategies for me or anybody else. If I had been diagnosed with cancer, or a stroke, or diabetes, would the consultant have discharged me? So why is there no aftercare following diagnosis of a brain disease, and no continuing support? An extract from a book by Wendy Mitchell.

More information <u>www.dementiadiaries.org</u>
John Webb. Six Parishes Dementia Friendly co-ordinator.





ALSO to ORDER.....\*NEW\* WILD & WONDERFUL ICECREAM

# From www.bigkidicecream.com

A special **thank you** to all who work tirelessly to keep the milk flowing, the butter churning, the cheese maturing, the oats growing, the ice cream freezing, the coffee ready to brew, the sugar rush ready...... and...... the woodwork ship shaped, the gardens landscaped, fix the leaks, heating and will fit the bathroom too"

## WHO DOES WHAT WHERE ?

For **Carpenter/Landscaper**....Alister Edwards - 07734721684 For **Plumbing/Heating/Bathrooms**...Call Mark Thompson - 07855043275 If you live in Sutton Maddock Parish and would like to give your business a mention for a small donation, please ring me on 01952581857 where you can leave a message and your contact details.......



Proof work has to carry on in all weather to put food on the

## Our CHURCHYARD is

- ..... a place of remembrance
- ..... provides and promotes peaceful reflection and prayer
- ..... a gateway to church, literally and metaphorically
- .... an explicit welcome
- ..... a natural reservoir of native plants and associated wildlife
- .....an opportunity for active encouragement with the local community
- .... a rich source of social history
- ..... and much more......

Our churchyard won a Gold Award for 2023, so keeping graves tidy remains an important focus

It is currently thanks to the Pickstock family and many individuals, one of which is Geoff Rowley, to whom, we are very grateful.

\*\*All willing helpers please contact John Webb 07770754545\*\*