

Service Rota in the 6 Parishes – December 2023

	Badger	Beckbury	Ryton	Kemberton	Stockton	Sutton Maddock
Dec 3rd Advent 1		9.30am 9.30 am Communion Vikki Day				
10th Advent 2						4.00pm Carol Service
16th					Carols in Norton Village Hall	
17th Advent 3		4.00pm Carols Local Team		11.00am Carol Concert		
24th Christmas Eve						7.00pm Communion Revd Matt Lefroy
25th Christmas Day			10.30am Communion & Carols Bishop Sarah			
31st						11.00am Christingle Revd Matt Lefroy

SUTTON MADDOCK GOOD NEWSLETTER

SIX PARISHES

Badger, Beckbury, Kemberton, Ryton, Stockton, SuttonMaddock

DIARY DATES for DECEMBER 2023 OUT & ABOUT

BECKBURY COMMUNITY SHOPMon – Fri 9.00am – 3.30pm

Sat & Sun 9.30am - 12noon

CHATHAM'S ORGANIC DAIRYEveryday 6.30am- 8.00pm

sayYES Youth Club (10-18yr olds) onTuesday 6.00pm – 7.30pm

.....Term time only but check week by week

DECEMBER

Sun 3rd 5.00pm Beckbury Shop **Christmas Lights** switch on

Mon 6th 10am-4pm BRIDGNORTH PATCH & QUILT GROUP

Norton Village Hall

Thur 7th 7.30pm Kemberton WI, Kemberton Village Hall

Fri 8th 7.00 for 7.30pm ROCK CHOIR Ryton Church **see church news

ST MARY'S SUTTON MADDOCK

Invite you to celebrate

Christmas with Carols and readings

Sun 10th 4.00pm

followed by warm refreshments

Sat 16th 6.30pm Sing Carols together at Norton Village Hall

with **Bring & Share Supper**

Thur 21st 3pm Forget me not Tea, St Andrews Church Shifnal

ST MARY'S SUTTON MADDOCK

Invite you to start

New Years Eve with a Christingle Service

Sun 31st 11.00am

followed by Coffee and Chat

ST.MARY'S SUTTON MADDOCK CHURCH LOTTERY

Congratulations

November 1st Prize No. 53 & 2nd Prize No. 119

Please Contact Chris Walker Phone:- 01952730666 or 07980790556

Post:- The Haven, Sutton Maddock, Nr. Shifnal, Shropshire TF11 9NG

Thank you

*****FOR OUT OF HOURS MEDICAL CARE – DIAL 111*****

Newsletter email: angiechatham@hotmail.com

Sutton Maddock Parish Council ,

Parish Clerk – Vanessa Voysey Email- clerk4smpec@outlook.com

.....PTO SOLAR FARM

CHURCH NEWS

CELEBRATE CHRISTMAS in the **Six Parishes with Advent and Christmas Carols and Readings in December on:-**
Sunday 3rd 9.30am at Beckbury Church

Friday 8th 7.00 for 7.30pm Rock Choir Ryton Church -Tickets £15
contacts Ann Dukes 07871774142/ Matrkd Dady 07730920742

Sunday 10th 4.00pm at Sutton Maddock Church

Saturday 16th 6.30pm at Norton Village Hall with Bring & Share
Supper

Sunday 17th 11.00am at Kemberton Church with refreshments

Sunday 17th 4.00pm at Beckbury Church – outside?

Saturday 24th 7.00pm at Sutton Maddock Church with Communion

Sunday 25th 10.30am at Ryton Church with Communion

Sunday 31st 11.00am Sutton Maddock Church Christingle Service

The **date** for the **SOLAR FARM** has been
set for **9th January 2024** at **Shirehall** commencing **10.00am**.
The Council has been contacted as to whether individuals need to
register if wishing to attend, with the reply being **“no”**.

BRIDGNORTH FOOD BANK

Address: 7 West Castle St, Bridgnorth WV16 4AB

Hours: Opens 10:30AM Mon

Phone: 07960 285520 PLEASE CHECK OPENING TIMES

DAWLEY CHRISTIAN CENTRE FOOD BANK

Address: High Street, TF42EX

Phone: 01952505108

SHIFNAL HELP FOOD BANK

Drop off points at

Bradford Street Co-Op, Wood,s Dry Cleaners, St. Andrew,s Church

Contact – 0756238496

TELFORD IN CRISIS Contact – 01952586646

FORGET-ME-NOT GROUP

for people affected by memory loss or dementia

we usually meet on the 3rd Thursday each month at 3pm

Sarah Thorpe 0798 224 8949 sarah.thorpe121@gmail.com

“Being lonely is not acceptable and can be resolved”

Do you know of a neighbour, family member or friend who is lonely
and over 55years old?

Point them in our direction

CALL: 07935202556 or **EMAIL: Rachel.powell@mha.org.uk**

Leave name, address and contact details
and Rachel or a volunteer will get back to you.

We offer a range of services to enable people to live later life well in
Shifnal Albrighton and District

MHA Communities Shifnal and District - Live later life well

KEMBERTON WI

Our next meeting **Thursday 7th December 7.30pm**
In Kemberton Village Hall

There will be a **WINE AND CHEESE TASTING** event
following the December meeting.

We look forward to seeing you then, new members are always welcome
WI Committee - President: Ishbel McConnachie (01952) 462366

BRIDGNORTH PATCH & QUILT GROUP
1st and 3rd Monday each month 10.00am - 4.00pm
Norton Village Hall

Contact: Shiona Ferriday 07971230922



Please take a free copy of the Impact Report in the Church

How to become a Friend of sayYES

We rely on donations to fund the valuable work of our
Youth Worker, Mark Williams

ST MARY'S SUTTON MADDOCK CHURCH

NB:- CONTACTs for all inquiries during the Interregnum – while we are without a Vicar - to the **CHURCH WARDENS**

Allan Chatham 01952 581857 email: arc100@hotmail.co.uk

John Webb 07770 754545 email: webb.john@me.com

PRAYER OF THE MONTH via Google



UNDERSTANDING DEMENTIA

On vision

It's not often that you hear people talking about how vision is affected by dementia. It's not our eyes that are the problem, but the way the brain interprets the messages it receives from them. ***If I am at the top of the staircase***, for example, it is difficult to decipher if it is an escalator that will move when I step onto it, or a slide that I'll slip down like a child in a playground. If the **steps** are covered in the same carpet or surfacing, I can't see each individual step, so I don't know where to put my feet. The best kind of treads are those where the edges are clearly marked, particularly in yellow, as is often the case with outdoor staircases. I decided this is why I so often fall up and down my stairs at home, as they are carpeted with no clear edge. Now I have two stair banisters, one on each side, to hold on to make it less likely.

Patterned carpets are completely disorientating because all the shapes just seem to come alive, moving around in front of my eyes. It can be very disconcerting to be asked to walk across a carpet that looks as though it's covered with wriggling creatures, and because many of us with dementia have a wobbly gait, we tend to spend a lot of time looking at the floor to make sure we don't fall over.

A shiny marble floor just looks like a swimming pool. Imagine trying to walk on water. ***Black mats*** look like gaping great sinkholes in the ground. ***Black*** is generally a very bad colour for some of us. Now if I see someone dressed in black, it looks like their head is floating in thin air. ***A mounted flat-screen TV*** just looks like a huge hole in the wall. Now, when I visited my beloved B&B in Keswick, the owner, Catherine, puts a red pillowcase over the TV in my room before I even arrive.

An extract from a book by Wendy Mitchell.

More information www.dementiadiaries.org

John Webb. Six Parishes Dementia Friendly co-ordinator.

Thank you to everyone who has been able to help support St Mary's Sutton Maddock Church in 2023. It is only through your generosity that the church continues to thrive.

Your help in whatever way will be even more needed during the Interregnum as we enter 2024.

May you all have a blessed Christmas and New Year

PCC

SHROPSHIRE'S 1ST ORGANIC MILK VENDING MACHINE

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OPEN DAILY
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SHROPSHIRE,
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BUTTER UNSALTED & SALTED



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ORGANIC MILK SHAKES

ALSO to ORDER.....*NEW* WILD & WONDERFUL ICECREAM
From www.bigkidicecream.com

WHO DOES WHAT WHERE ?

For **Avon** ... Call Amy Humphries – 07932677100

For **Carpenter/Landscaper**....Alister Edwards - 07734721684

For **Plumbing/Heating/Bathrooms**...Call Mark Thompson - 07855043275

If you live in Sutton Maddock Parish and would like to give your business a mention for a small donation, please ring me on 01952581857 where you can leave a message and your contact details.....



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