

Rota of Services in the 6 Parishes – February 2023

	Badger	Beckbury	Ryton	Kemberton	Stockton	Sutton Maddock
Feb 5th		9.30am Morning Worship				11.00am Communion
12th			9.30am Communion	11.00am Morning Worship		
19th		9.30am Communion				11.00am Morning Worship
22 nd	ASH WEDNESDAY COMMUNION at Beckbury Church					
26 th LENT			9.30am Morning Worship	11.00am Communion		

Abbreviations: KH=Rev Keith Hodson; LT=Local Team

ST.MARY'S SUTTON MADDOCK CHURCH LOTTERY

Thank you to everyone who has renewed for 2023
Sadly a few who supported St Mary's in this way passed away last year, so there is still opportunity to join, just £12 per number per year.

Please Contact Chris Walker Phone:- 01952730666 or 07980790556
Post:- The Haven, Sutton Maddock, Nr. Shifnal, Shropshire TF11 9NG
Thank you

*****FOR OUT OF HOURS MEDICAL CARE – DIAL 111*****

SUTTON MADDOCK GOOD NEWSLETTER

SIX PARISHES

Badger, Beckbury, Kemberton, Ryton, Stockton, SuttonMaddock

DIARY DATES for FEBRUARY 2023 OUT & ABOUT

BECKBURY COMMUNITY SHOPMon – Fri 9.00am – 3.30pm
Sat & Sun 9.00am - 12noon
CHATHAM'S ORGANIC DAIRY -----Everyday 6.30am- 8.00pm
sayYES Youth Club (10-18yr olds) on -----Tuesday 6.00pm – 7.30pm

FEBRUARY

Thur 2nd 3.00pm Christians Together in Shifnal District St Andrew's Shifnal
Thur 2nd 7.30pm Kemberton WI.Kemberton Village Hall
Mon 6th & 20th 11.00am-3pm Bridgnorth Patch & Quilt Group Norton V H
Contact:- Shiona 07971230922
Thur 16th 3pm **Forget me not Tea**, St Andrews Church Shifnal
Wed 22nd 10.00am Ash Wednesday Communion Beckbury Church
Sun 26th First Sunday of Lent Ryton 9.30am Kemberton 11.00am

MARCH

Fri 3rd World Day of Prayer

CHURCH NEWS

....Though **Candlemas** is 2nd February we will celebrate it on **Sunday January 29th**

February 1st was the first day of spring for the Celts, when bonfires outside and candles indoors were lit to encourage the sun to rise earlier and higher and warm the earth.

Already snowdrops known as 'candlemas bells' are in flower, and catkins are lengthening.

The Church absorbed these Celtic celebrations, into Candlemas, which is 40 days after Christmas, when Mary and Joseph took the baby Jesus to Jerusalem, and old Simeon declared Jesus to be "a light to lighten the gentiles". Parishioners were encouraged to bring candles to church.

....**Ash Wednesday** is **22nd February**, and we mark the beginning of Lent with a **10.00am communion service at Beckbury Church**. The day is named after the tradition of being marked with ashes to show a turning away from wrong things. Some churches burn the previous year's palm crosses to create the ash.

BRIDGNORTH FOOD BANK

Address: 7 West Castle St, Bridgnorth WV16 4AB

Hours: Opens 10:30AM Mon

Phone: 07960 285520 PLEASE CHECK OPENING TIMES

DAWLEY CHRISTIAN CENTRE FOOD BANK

Address: High Street, TF42EX

Phone: 01952505108

SHIFNAL HELP FOOD BANK

Drop off points at

Bradford Street Co-Op, Wood,s Dry Cleaners, St. Andrew,s Church

Contact – 0756238496

TELFORD IN CRISIS

Contact - 01952586646

FORGET-ME-NOT GROUP

for people affected by memory loss or dementia

*****is continuing month by month**

we usually meet on the 3rd Thursday each month at 3pm ***

For a conversation or more information, contact :

Sarah Thorpe 0798 224 8949 sarah.thorpe121@gmail.com

"Being lonely is not acceptable and can be resolved"

Do you know of a neighbour, family member or friend who is lonely and over 55years old?

Point them in our direction

CALL: 07935202556 or EMAIL: Rachel.powell@mha.org.uk

Leave name, address and contact details and Rachel or a volunteer will get back to you.

We offer a range of services to enable people to live later life well in Shifnal Albrighton and District

MHA Communities Shifnal and District - Live later life well

KEMBERTON WI

Our next meeting **Thursday 2nd February 7.30pm**
In Kemberton Village Hall

Our guest speaker will be Beryl Feeley, Pilates instructor.

Beryl will talk about her background, how she came to teach Pilates, where it is today and its benefits.

There will be an opportunity to join Beryl whilst she demonstrates a few of the key mat based exercises, for those interested please bring along an exercise mat if you have one, or, if not, a towel or blanket to lie on. Loose clothing would be a good option. For those who would prefer not to be on the floor Beryl will give some other options they can do whilst remaining seated.

We look forward to seeing you then, new members are always welcome.

WI Committee - President: Ishbel McConnachie (01952) 462366

PRAYER OF THE MONTH (hymn verses for Lent)

Dear Lord and Father of mankind, forgive our foolish ways;
re-clothe us in our rightful mind, in purer lives thy service find,
in deeper reverence, praise.
Drop thy still dews of quietness, till all our strivings cease;
take from our souls the strain and stress, and let our ordered lives
confess
the beauty of thy peace. AMEN

.....FROM THE RECTORY

Dear friends,

It's Lent again

"Dry January" has been recommended since 2013 - not by the meteorologists, but by Alcohol Change UK. It is a campaign promoted after the Christmas excess to help those who feel they need better control, and a healthier lifestyle. Last year 8 million people took part and abstained from drinking alcohol during January, and this year it is even being taken up in France (not to the approval of all French people !)

Now ten years later there are some opposing voices calling for a 'wet January' with the appeal to "booze it or lose it". Pubs and bars are often quiet after Christmas, and the prospect of even some of their regulars not calling in to their local is worrying some landlords, especially those who only just survived the Covid lockdowns.

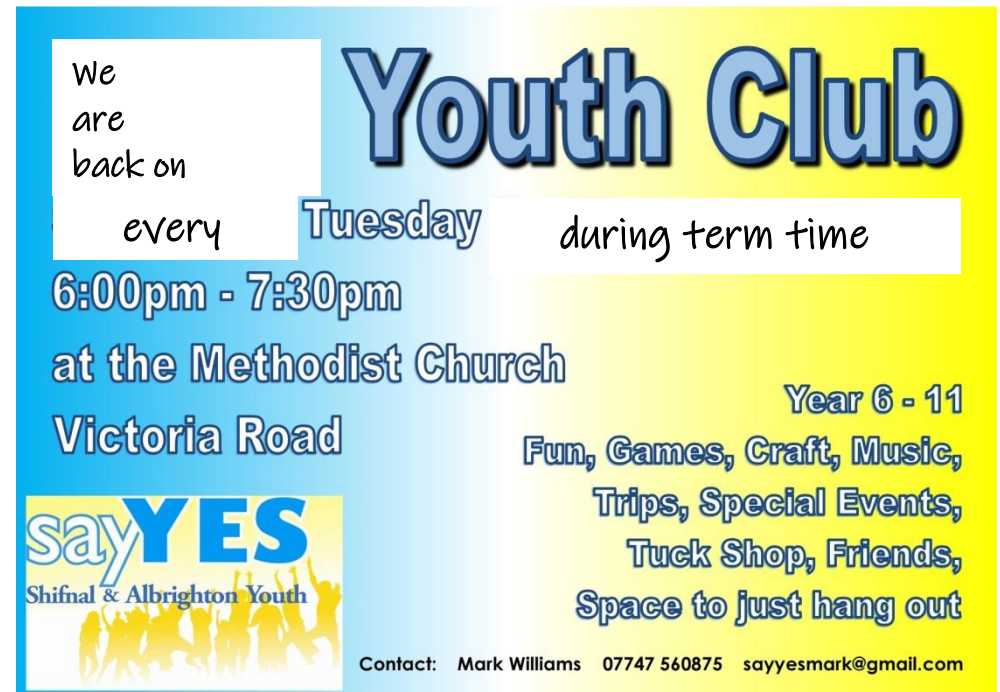
There was a call several years ago to reverse the call of Lent to "give things up". But it was a positive appeal to "do something more". If people had decided to give up cakes, alcohol or biscuits etc., they could also think about donating to charity what they saved on the costs of buying those items. If they were giving up watching some (or all) tv programmes, they could give that extra time gained in a positive way - writing (more) letters, visiting (other) neighbours, getting out and exercising, praying and reflecting.

In recent months I have been using the phrase, *'let's do what we can, not what we cannot'*. It serves to remind us that there are limitations on our energies and resources. Occasionally people are surprised by what they can achieve with a little bit of extra effort, or by joining up with others to get things done. But at other times the challenge is a little too big and we need to be realistic about what we can and cannot manage.

Lent can be a time for such reflection. As 2023 moves into the spring (for the Celts the first day of Spring is 1st February) the weeks of Lent from February into April can be a good time to look back and review any New Year resolutions we made, or make some new resolutions which will make a positive change to our lives and to the lives of others.

With best spring wishes

Keith Hodson



The poster features a yellow background with blue text. At the top right, 'Youth Club' is written in large, bold, blue letters with a drop shadow. To the left, the text 'We are back on every Tuesday during term time' is arranged in a grid-like fashion. Below this, the time '6:00pm - 7:30pm' and location 'at the Methodist Church Victoria Road' are listed. On the right side, 'Year 6 - 11' is written, followed by a list of activities: 'Fun, Games, Craft, Music, Trips, Special Events, Tuck Shop, Friends, Space to just hang out'. At the bottom left, there is a logo for 'say YES Shifnal & Albrighton Youth' with a graphic of silhouettes. At the bottom right, contact information for Mark Williams is provided.

We are back on every Tuesday during term time

6:00pm - 7:30pm

at the Methodist Church
Victoria Road

Year 6 - 11

Fun, Games, Craft, Music,
Trips, Special Events,
Tuck Shop, Friends,
Space to just hang out

Contact: Mark Williams 07747 560875 sayyesmark@gmail.com



Dear Volunteers,
Your help is essential for us to provide this much needed, increasingly popular Youth Club.
Thank you, but we really need a few more, so the commitment doesn't become too demanding. Please contact Mark if you could spare one Tuesday evening a Half Term

**SHROPSHIRE'S 1ST ORGANIC MILK VENDING MACHINE
IS OPENING**

JOIN THE ORGANIC MILK UPRISING AT

Chatham's Organic Dairy

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- ✓ Organic
- ✓ Nonhomogenised milk
- ✓ Straight from the farm
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- ✓ Reduce your plastic footprint



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SHROPSHIRE,
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07855043275

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If you live in Sutton Maddock Parish and would like to give your business a mention for a small donation, please ring me on 01952581857 where you can leave a message and your contact details.....

.....ALSO

AVAILABLE.....

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