



**Welcome to the January 2024 edition of the
Badger, Beckbury & Ryton Newsletter**

If you would like to receive this monthly newsletter online please email Heather on heathert806@gmail.com. Or if you cannot access it online please request a paper version which will be delivered to you. Either email Heather or phone on 07938544804. But please only request a paper copy if you really can't access it any other way as we wish to minimise the amount of paper we use.



Fibre-Craft Day

At
Beckbury Village Hall

On
Saturday 20th January 2024

10.am to 3.30pm

If you enjoy knitting, crochet, spinning or weaving, - or if you'd like to try your hand at any of the above, then please come along

It's Free!

Tea & Coffee provided.

Please call Alma Petford on 01746 783511 if you'd like to come along.



From John Webb Six Parishes Dementia Friendly co-ordinator.

Dementia can be cruel in so many ways, yet every so often it hands us a gift in a most unexpected form. It was a bright day in the garden, and the sun was starting its descent, streaking long shadows of the fence across the lawn. I was pottering inside, shuffling from one room to another with cup of tea in hand, trying to decide where to sit. Suddenly, through the glass of the double doors, something caught my eye. It took a while for the silhouette to make a recognisable figure, but it was then that I saw the unmistakable shape of him: a man, standing in the middle of my lawn-my father. By then he must have been dead twenty years; should I have been frightened to see him in all his incredible, yet very ordinary detail? He was wearing his familiar baggy green cardigan, his happy, casual clothes that he wore to potter in his own garden shed, and on his face was the same relaxed smile. A tip of mine for visual hallucinations is to take a photograph on your phone or iPad of what you think you can see, and if it's in the picture, it's most likely there in real life. But in that moment, I did not want to break the spell. He stood, just looking at me, his hands hanging by his side, even the yellow of his nicotine-stained fingers visible from a distance. His hair was styled with Brylcreem, as it always was, black and shiny, the last of the sun reflected back from the black quiff that never went grey. I was reminded, as we stood looking back at one another, of the times I would climb into his lap as a small child and he would pay me a penny per grey hair that I could find and pull from his scalp. The memory of that moment returned me to the warmth of his touch, the sweet sugary scent of his Brylcreem and its bright red pot.

STOP PRESS:

Archdeacon Paul Thomas is **not** now taking the Christmas Day Service at Ryton church. **Bishop Sarah is now taking the service which is still at 10.30.**

We have been asked to share this from the Public Mental Health Prevention Team, Shropshire Council.

Suicide Prevention and support over festive period 2023 poster – help us reach into Shropshire communities

Shropshire Suicide Prevention Action Group are asking organisations and partners to help promote the support available throughout the Christmas and New Year period, for those who are struggling to cope or know someone who is.

The festive season can be a difficult time of year for many people, so it's important we can extend reach for offers of support, particularly during a period where many "usual" services are closed or disrupted.

The attached electronic poster has been being created by the Shropshire Suicide Prevention Action Group to provide first points of telephone contact as well as a QR code link to information, tools and resources that can support suicide concerns. Can you please share as appropriate with your networks and groups within Shropshire.

We know the results of an individual making an attempt to take their own life are wide reaching and every death by suicide is a tragic loss with major impact on our communities. Shropshire's Suicide Prevention Strategy details the partnerships ambitions and plans over the next 3 years to help prevent suicides in the county, is now available on Shropshire Council's website at: [Shropshire Suicide Prevention Strategy 2023 - 2026 | Shropshire Council](#). The Strategy sets out our collective partnership commitment to action to reduce suicide and promote a county that is suicide aware, with the right resources and offers in the right places at the right time to support anyone impacted by suicide.

You'll also find a wide range of advice and information to help support people's mental health on Shropshire Council's **Mental Health and Wellbeing webpage** at: [Mental health and wellbeing | Shropshire Council](#)



The next 'Arts Alive' performance in Beckbury Village Hall is:

'Shakespeare's Fool'

Starring ROBIN LEETHAM
Written by T G HOFFMAN
Directed by BEN HUMPHREY

William 'Cavaliero' Kempe was one of the finest performers of the Elizabethan age...until he fell out with Will 'git-face' Shakespeare. Join Will 'Cavaliero' Kempe as he gives his final performance to an audience of a mouse and a marrote and tells us what really happened between him and William Shakespeare. This bittersweet tale, told by an idiot, has sold out venues across the UK and internationally, and has received rave reviews from audience and critics alike.

**See it here in Beckbury Village Hall 7 pm on Friday
19th January 2024**

Tickets: Adults £12, Children £6..... not suitable for young children

Tickets available from:

Heather at: heathert806@gmail.com or 07938544804 & www.artsalive.co.uk

& from Beckbury Community Shop

Hope to see you there!

The paper version of this newsletter is generously printed free of charge by Adfield to whom we are extremely grateful. Thank you.



Please send items for the February Newsletter to Heather at:
heathert806@gmail.com by Friday 19th Jan 2024

*A Very Happy New Year
to you all.*