

Parish Church of St. Andrew

# Kemberton Newsletter March 2024

For weddings, baptisms and funerals please contact Teresa Moss at:

teresa@gzillion.com

For anything else Church related Philip Jones at:

ph.cm.jonesthreeways@btinternet.com

**Edited by Simon Crothall** 

Tel.01952 580893 email: <a href="mailto:simon.crothall@gmail.com">simon.crothall@gmail.com</a>

# "Church Services"

March 10th	11.00am	Holy Communion
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March 31<sup>st</sup> 11.00am Morning Worship

# "Sidesman"

March 10 <sup>th</sup>	11.00am	Philip & Chris Jones

March 31<sup>st</sup> 11.00am Mary Wright

The service on 31st is Easter Sunday and will be a short service with local team. .

"IF anyone wants to put something in the "Newsletter", can you please ensure that it is sent in before the 24<sup>th</sup> of each month. Anything not received by this date will not get edited into the Newsletter. It would also help if this could be emailed rather than a hand delivered note" Thanks

# **Kemberton News**

## Parish Council

As many will have seen the Inspectorate upheld the appeal against Shropshire Council's refusal, so it can now go ahead, this is a great disappointment to the Parish Council, and the decision will be discussed at the next meeting on 13<sup>th</sup> March.

The Inspector acknowledges that it's inappropriate development in the Green Belt but other material planning considerations outweigh the harm.

After much representation by the Parish Council and individuals the road to Grindle has finally had some work repairing the awful state it was in, now the Parish Council will try and address Field Lane and the road to Evelith.

### Kemberton WI

The guest speaker at the Kemberton WI meeting on Thursday, 7th March 2024 will be Peter Dunhill who will be giving a talk entitled "Signs, scenes, stiles and surreal objects", a humorous pictorial journal of walks and finds in Britain.

We look forward to seeing you then, new members are always welcome.

#### **WI Committee**

President: Ishbel McConnachie (01952) 462366

### VILLAGE HALL

The first of this year's monthly COFFEE MORNING will be held on Saturday 3rd March from 10.30 a.m. to 12.30 p.m. All welcome so why not pop in and enjoy a coffee with friends and neighbours. We hope to see you there.

The winner of the February draw for the Village Hall 50 Club draw was Katie Greig.

Mike Duce Committee Chairman

# **Understanding Dementia**

An extract from a book by Sally Mitchell On Touch As babies, we crave the touch and reassurance of our caregivers. As mothers, we long for the feel of our baby's skin next to our own. I still remember the hours spent feeding my own daughters, their hands reaching up to grasp mine- tiny fingers wrapping carefully around my own. In those early days, whether human or animal, touch is so important, an instant communication between mother and young. Perhaps, with dementia, we return to our animal instincts, intuitive contact taking on a greater importance to make us feel safe.

As my daughters grew, so did their confidence. Those hands that once clutched tight to mine on the way to and from school now wanted to strike out on their own. They're still nighttime hugs or cuddles when the day had got to much for them, or if there was something to celebrate. The truth is that we never grow too old to forget the importance of human touch. Except for the fact that, apart from with my daughters, I was never a very tactile person. Dementia changed that: suddenly I found myself wanting to hug everyone that I met, or at least the people who I knew by instinct that I liked. I see people as kind or not kind, and for those who show kindness, in return I wanted to hug them to show my gratitude. Their kindness means much more than they can imagine. I suddenly found myself hanging on to my daughters for longer and harder. Was it lost inhibitions that were to blame? A new neediness I hadn't been brave enough to admit to? Or perhaps a hug represents an inner emotional reserve: maybe touch cuts through moments when words grow complicated or hard to find, instantly communicating that someone cares.

It could also be that living alone plays a part in my new reliance on touch. For me there is no arm to comfort when I need it. Is it any wonder that sometimes I want to hold on to my daughters and not let them go? I have become used to many role reversal's in my journey with dementia-it is now my daughters who want to know where I am, or what time I'm expected home- and it's now me who needs their touch for safety, reassurance, to know that I am not alone.

John Webb Dementia Friendly co-ordinator for the Six Parishes

### **Alzheimer's Society**

Hello there, I am the Six Parishes Dementia Friendly co-ordinator.

It is 10 years come this May that I will have lost my mother-in-law Dorothy to dementia, and can remember to this day when I realised she had memory loss, it was at my son and daughter-in-law's wedding, her attitude was all me,me,me and couldn't take in the bigger picture. I felt bad for it knowing I could do nothing for her.

Also now my late wife Fiona's brother William who has down's is now with dementia and as a family it is very tough for us all.

So on Saturday May 25th I will be walking in the North York Moors from Whitby to Robin Hoods Bay and back in aid of the Alzheimer's Society covering 13 miles.

I hope you can bring yourself to sponsoring me, my just giving page is as follows:-

# SIX PARISHES SERVICES TABLE

#### **KEMBERTON MARCH SERVICES**

March 10th	11.00am	Holy Communion

March 31<sup>st</sup> 11.00am Morning Worship